

We are asking for your support to make the holidays brighter for the seniors in our East Valley Communities. We have several opportunities that suit both individuals and groups.

Gift Collection Wish List

Interested in collecting new items for seniors in need? Please see below for our list of suggestions. We ensure that your gifts will be given to our most isolated participants, who may not otherwise be remembered for the holidays.

- Gift Cards (*grocery store, Target, etc*)
- Candy & Packaged Snacks
- Books
- Jigsaw Puzzles
- Puzzle Books (*larger print preferred*)
- Adult Coloring Books
- Colored Pencils
- Arts & Crafts Supplies
- Stationary & Postage Stamps
- Decks of Cards
- Magnifying Glasses
- Nightlights, LED Strips & Puck Lights
- Flashlights & Batteries
- Toiletries (*lotions, lip balm, sunscreen, etc*)
- Brushes & Combs
- First Aid Kits
- Nail Care Supplies
- Blankets & Throws
- Non-Skid Socks
- Mug and Hot Chocolate or Tea

We serve seniors from a wide variety of backgrounds and faiths, so we ask that all gifts that celebrate the holiday season are without a specific religious focus.

Holiday Volunteer Opportunities

Want to volunteer individually or as a group for the holiday season? We are looking for help packing holiday gift baskets, serving lunch at holiday parties, and assisting with holiday activities. We are also welcome to music performers and other suggestions for group service projects.

Ongoing Volunteer Opportunities

While support is critical for our participants during the holiday season, many still need assistance year-round. With just a few hours per week, you can deliver hot meals and wellness checks through Meals on Wheels, provide essential transportation, connect with an isolated senior in person or via phone, or even teach a class at one of our Senior Centers.

Donate

Your financial contribution – of any amount – provides local seniors the gift of our programs and services. Together, we can ensure that no one needs to go through the journey of aging alone.

ON BEHALF OF THE OLDER ADULTS WE SERVE, THANK YOU!